

# 2022-2023

# Scheduling Presentations:

# Rising Freshmen

---

Class of 2026

# Planning for Your Future



Moving from 8th Grade to High School can be exciting as you think about all the possibilities. High School can give you a fresh start and multiple opportunities as you prepare for your future career. Planning your Freshman Year Schedule is a first step in setting a strong foundation for your high school experience.

## Things to Think About:

- What are your plans after high school graduation?
- What courses are needed to make those plans a reality?

# 25 Graduation Credits



*ENGLISH =	4 CREDITS
*MATH =	3 CREDITS
*SCIENCE =	3 CREDITS
*SOCIAL STUDIES =	3 CREDITS
*PHYSICAL EDUCATION =	1 CREDIT
*HEALTH =	.5 CREDIT
*PRACTICAL ART =	1 CREDIT
*FINE ART =	1 CREDIT
*FINE ART OR WORLD LANGUAGE =	1 CREDIT
*PERSONAL FINANCE =	.5 CREDIT
*ELECTIVES =	7 CREDITS

To graduate from MHS you will need to earn 25 Credits in the specific categories listed to the left. Be aware of these when you are selecting your classes.



# Block Schedule

Mehlville High School operates on an eight block schedule. You will have classes every other day with the first day of the rotation being called “A” Day and the second day being called “B” Day. There are four blocks of time for courses in each day.

Students traditionally earn 7 credits with 4 Core Credit Blocks (English, Math, Science & Social Studies), 3 Elective Credit Blocks. The additional course on the schedule is Advisory.

# Traditional Schedule-Sample



## A DAY

1st Block- U.S. History

2nd Block- English I

3rd Block- Algebra I

4th Block- Biomed PLTW

## B DAY

5th Block- String Orchestra

6th Block- Class of 2026 Advisory

7th Block- Earth/Environmental Science

8th Block- Health/9th Grade PE

# NEW FLEX Options



For the Class of 2026, MHS has two new FLEX Options which allow students to earn more credits in a personalized format for half of the school day. Students will earn competency credit by taking cross-curricular courses in their morning blocks. There are two different options depending on which math courses students are interested in taking. The first option is for students taking Algebra I or Honors Geometry and the second option is for students taking Geometry in Construction.



# FLEX Schedule-Sample

## A DAY

1st Block- FLEX

2nd Block- FLEX

3rd Block- Band

4th Block- Health/9th PE

## B DAY

5th Block- FLEX

6th Block- FLEX Advisory

7th Block- Earth/Environmental Science

8th Block- Acting/Public Speaking

During the FLEX blocks students will meet learning objectives to earn credits for English I, U.S. History, Engineering Essentials. Math and World Languages. (Math options are Algebra I or Honors Geometry. World Languages Options are French I, French II, Spanish I or Spanish II) Students will earn a total of 9 credits during their freshman year

# FLEX with GIC Schedule-Sample



## A DAY

1st Block- FLEX

2nd Block- FLEX

3rd Block- Honors Biology

4th Block- Health/9th PE

## B DAY

5th Block- FLEX

6th Block- FLEX Advisory

7th Block- Geometry in Construction

8th Block- Geometry in Construction

During the FLEX with GIC blocks students will meet learning objectives to earn credits for English I, U.S. History, Engineering Essentials and World Languages. (World Languages Options are French I, French II, Spanish I or Spanish II.) Students will earn 8 credits total.



# Who should take FLEX?



Students who are recommended for English I or Honors English I AND Algebra I A/B, Algebra I, or Honors Geometry are eligible for the FLEX program.

Students should be self-motivated because the courses taken during the FLEX blocks will give them the flexibility to work on multiple standard objectives in multiple classes in one time frame.

Students will be required to earn credits like traditional students to move forward toward high school graduation.

## 2022-2023 FRESHMAN COURSE REQUEST MEHLVILLE HIGH SCHOOL

Student's First & Last Name \_\_\_\_\_ OR

Student Label placed here by middle school staff

**Directions:** Selecting your schedule for the 2022-23 school year is a privilege and responsibility. This is an exciting opportunity to take ownership of these choices as you move toward graduation and prepare for your college and career goals. We hope your families will attend the MHS Preview Night on February 10 at 6:30 p.m.

### Things to remember:

\*Review the Career and Course Planning Guide for information about specific courses and their prerequisites. Only put any course on your Request Sheet (including in the alternate section) if you know you meet the grade level or prerequisite requirements.

\*When entering your requests in SIS be sure to select the correct semester if needing a sequence of classes (Ex: you want to take 2D Art and Drawing I, you need to mark 2D for Semester 1 and Drawing I for Semester 2) If there is no prerequisite for a course, leave it marked as "any" semester for the best results.

### Please check the box denoting which of the programs of study you are planning to pursue in 9th Grade:

- ☐ \*Traditional Students will pick 3 full elective credits to have a total of 7 Credits (4 Yearlong Cores plus 3 Elective Credits)
- ☐ \*FLEX Program Students taking Geometry in Construction as their math course will have a total of 8 Credits (4 Yearlong Cores, 1-World Language, 1- Engineering Essentials, 1- Technology GIC, and 1 Additional Elective Credit of the student's choice)
- ☐ \*FLEX Program Students taking FLEX Algebra I or FLEX Honors Geometry will have a total of 9 Credits (4 Yearlong Cores, 1-World Language, 1-Engineering Essentials, and 3 Additional Elective Credits of the student's choice.

**All students must have four core courses (English, Math, Science & Social Studies) for their freshmen year schedules. Talk with your families and teachers for their recommendations of which course will be best for you.**

ENGLISH LANGUAGE ARTS	Teacher Signature & # Below Signifying Recommendation
<input type="checkbox"/> H0013 English I: Concepts	
<input type="checkbox"/> H0010 English I	
<input type="checkbox"/> H0010F English I FLEX	
<input type="checkbox"/> H0020 Honors English I	

MATHEMATICS	Teacher Signature & # Below Signifying Recommendation
<input type="checkbox"/> H2000 Pre-Algebra	
<input type="checkbox"/> H2090 Algebra 1A (take w/H2095)	
<input type="checkbox"/> H2100F Algebra 1 FLEX	
<input type="checkbox"/> H2100 Algebra 1	
<input type="checkbox"/> H2801 AMPED Algebra 1 (take w/H5311)	
<input type="checkbox"/> H2220 Honors Geometry	
<input type="checkbox"/> H2220F Honors Geometry FLEX	
<input type="checkbox"/> H2230 Geometry in Construction (take w/H2231)	

*Note: Students participating in the FLEX program can also select Geometry in Construction but there is not a specific course number needed.*

SOCIAL STUDIES	Teacher Signature & # Below Signifying Recommendation
<input type="checkbox"/> H1109 United States History	
<input type="checkbox"/> H1109F United States History FLEX	
<input type="checkbox"/> H1111 Honors United States History	

SCIENCE	Teacher Signature & # Below Signifying Recommendation
<input type="checkbox"/> H3191 Earth/Environmental Science Concepts	
<input type="checkbox"/> H3192 Earth/Environmental Science	
<input type="checkbox"/> H3120 Honors Biology	

# At the Top of Your Course Request Sheet:



There will be a label with your name and middle school. Verify you have your Course Request before filling out the form.

Pick the Core Courses which have been recommended by your current course teachers and have them sign in the designated area.

<b>BUSINESS (PA)</b> <input type="checkbox"/> H5005 S Explore Business & Marketing <input type="checkbox"/> H5012 S Business Communications <input type="checkbox"/> H5311 Y AMPED Business Processes P (w/H2801) <b>ENGLISH LANGUAGE ARTS (Electives)</b> <input type="checkbox"/> H0200 S Public Speaking <input type="checkbox"/> H0210 S Debate (9-12) P <b>FAMILY &amp; CONSUMER SCIENCES (PA)</b> <input type="checkbox"/> H4500 S Foods I <input type="checkbox"/> H4521 Y Culinary Arts I <input type="checkbox"/> H4530 S Fashion Construction I <input type="checkbox"/> H4540 S Fashion Construction II P <input type="checkbox"/> H4555 S Fashion Merchandising P <input type="checkbox"/> H4600 S Interior Design <b>MATHEMATICS (Elective)</b> <input type="checkbox"/> H2095 Y Algebra I B (take w/#2090) * <b>PERFORMING ARTS - MUSIC &amp; THEATRE (FA)</b> <input type="checkbox"/> H7200 S Music Appreciation <input type="checkbox"/> H7200 Y Music Appreciation <input type="checkbox"/> H7150 S Theatre Appreciation <input type="checkbox"/> H7155 S Acting <input type="checkbox"/> H7190 S Musical Theatre P <input type="checkbox"/> H7235 Y Concert Choral <input type="checkbox"/> H7230 Y Concert Choir Treble P <input type="checkbox"/> H7240 Y Concert Choir Mixed P <input type="checkbox"/> H7310 Y Concert Band P <input type="checkbox"/> H7320 Y Honor Band P <input type="checkbox"/> H7330 Y Jazz Band P <input type="checkbox"/> H7340 Y String Orchestra P <b>PE/HEALTH</b> <input type="checkbox"/> H8003 S 9th Grade Physical Education <input type="checkbox"/> H8050 S Health <b>PLTW/STEM COURSES (PA)</b> <input type="checkbox"/> HSTEM00 Y Engineering Essentials P <input type="checkbox"/> HSTEM0F Y Engineering Essentials FLEX P <input type="checkbox"/> HSTEM06 Y Principles Biomedical Sciences P <input type="checkbox"/> HSTEM10 Y Computer Science Principles	<b>SOCIAL STUDIES (Elective)</b> <input type="checkbox"/> H1345W Y AP Human Geography <b>TECHNOLOGY (PA)</b> <input type="checkbox"/> H4030 S Woodworking I <input type="checkbox"/> H4035 S Woodworking II P <input type="checkbox"/> H4100 S Drafting I <input type="checkbox"/> H4105 S Drafting II P <input type="checkbox"/> H2231 Y Geometry in Construction P (w/H2230) <b>VISUAL ARTS (FA)</b> <input type="checkbox"/> H7000 S Two-Dimensional Art Foundations <input type="checkbox"/> H7010 S Drawing I P <input type="checkbox"/> H7030 S Painting I P <input type="checkbox"/> H7005 S Three-Dimensional Art Foundations <input type="checkbox"/> H7050 S Ceramics I P <input type="checkbox"/> H7100 S Sculpture I P <b>Prerequisite – Either 2D or 3D Art:</b> <input type="checkbox"/> H7070 S Photography I P <input type="checkbox"/> H7115 S Digital Art I P <b>WORLD LANGUAGES &amp; CULTURE:</b> <input type="checkbox"/> H6205 Y Heritage Spanish Language & Culture P  <i>Note: Students must also be signed up for English I or Honors English I to be in French I or Spanish I courses.</i> <input type="checkbox"/> H6010 Y French I P <input type="checkbox"/> H6010F Y French I FLEX P <input type="checkbox"/> H6210 Y Spanish I P <input type="checkbox"/> H6210 Y Spanish I FLEX P  <i>Note: Students selecting French II or Spanish II courses must have a signature below from their current 8th grade World Languages Teacher as a recommendation:</i> <input type="checkbox"/> H6020 Y French II P <input type="checkbox"/> H6020F Y French II FLEX P <input type="checkbox"/> H6220 Y Spanish II P <input type="checkbox"/> H6220F Y Spanish II FLEX P  <b>World Languages Teacher Signature</b> _____
--	--

**List four alternates in order of preference.** These alternates will be used in case your elective choices are full or will not fit into your schedule. Failure to list alternates will result in getting whichever courses are available.

<b>1st Choice:</b> Course Number = _____ Course Title = _____	<b>3rd Choice:</b> Course Number = _____ Course Title = _____
<b>2nd Choice:</b> Course Number = _____ Course Title = _____	<b>4th Choice:</b> Course Number = _____ Course Title = _____

Parents/Guardians sign here signifying they have discussed the options and choices with the student and that the student has referred to the Career & Course Planning Guide to make sure they have the prerequisites needed.

Parent/Guardian Signature \_\_\_\_\_

Classes open to freshmen are listed on the form as a quick Reference. Make sure to follow the directions for picking based on whether or wish to be in the FLEX Program.

If you plan to take French II or Spanish II, you must get your current World Language teacher's signature.

PE or Health can be taken in summer school if you cannot fit them into your schedule.

If you plan to attend South Tech in your junior or senior year, should consider taking a Fine Art or a World Language as an elective next year. This will ensure you have room in your schedule for South Tech in the future.



Make sure you fill in the Alternates Section with your back up classes in case there are conflicts with your original choices. Many 9th graders do not get their first choices because elective courses are filled first by upperclassmen.



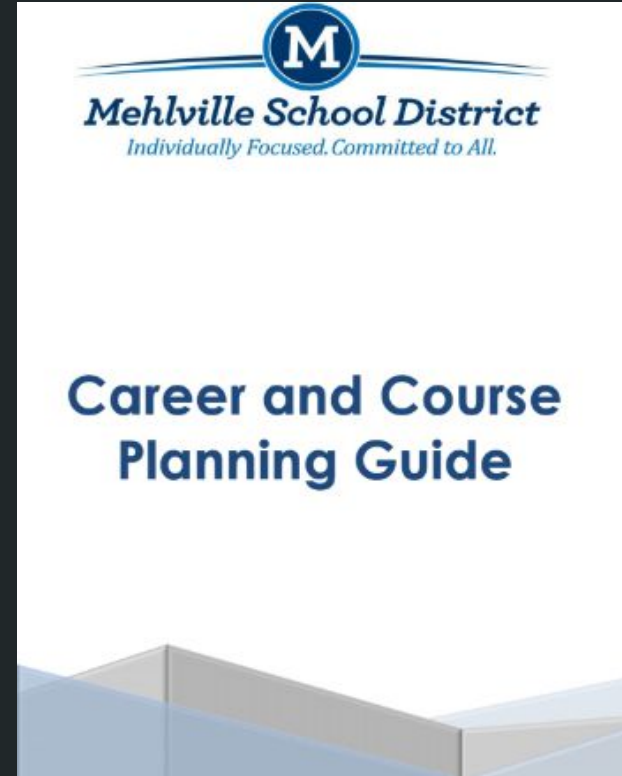
**List four alternates in order of preference.** These alternates will be used in case your elective choices are full or will not fit into your schedule. Failure to list alternates will result in getting whichever courses are available.

<b>1st Choice:</b> Course Number = _____ Course Title = _____	<b>3rd Choice:</b> Course Number = _____ Course Title = _____
<b>2nd Choice:</b> Course Number = _____ Course Title = _____	<b>4th Choice:</b> Course Number = _____ Course Title = _____

The more accurately you fill out your Course Request Sheet, the more likely you are to get your ideal schedule.

# Career & Course Planning Guide

In the district's effort to save paper, the Guides are not printed but are available online. You can find the link on the MHS website and on the district website. If you click on this picture of the Guide it will take you to the link.



# Tips for Course Selection



- Take a balanced load of courses which challenge your intellect while preparing you for your future.
- Remember that Colleges, the Military, and Employers not only look at your GPA—but also at the courses you have taken.
- Look at classes you might want to take when you get older and see what prerequisites you will need for those courses. (See the first page of each department in the Guide to follow the sequence of courses).



# Resources for Course Selection



- Refer to the Guide to assist you in selecting classes which interest you.
- Use your Missouri Connections account to check into suggested courses in your career path.
- Talk with your teachers about courses they recommend for you in their departments.
- Research the websites of colleges you are interested in attending to see what their entrance requirements are; and make sure you are taking the courses they require.

# Questions ???

- This PowerPoint will be available on the MHS Website under Info - Counseling Center - Scheduling for your review.
- Attend the MHS Preview Night on February 10 at 6:30 in Gym A.
- Meet with your Middle School Counselor.
- Contact Mrs. Neighbors the MHS College & Career Counselor at [neighborse@msdr9.org](mailto:neighborse@msdr9.org)